

Dance Your Soul

Friday, March 26, 2010

7:30pm-9:00pm

All about Dancin' Studio

2115 Freeman Avenue

Cleveland, Ohio 44113

Movement Meditation

For Everyone

Dance Your Soul is a way to express ourselves through movement, dance and meditation. This type of expression allows you to move through your joys and desires as well as your sorrows. We share ourselves in a vision of light and loving support in this soul moving community, providing uplifting experiences and inspiration to our lives.

No dance experience or partnering.

Bring an open mind and heart. The music is mix of Ambient, New Age, Instrumental, Meditative, Pop and Tribal from around the world. This is open to everyone. Bring a friend and see what unfolds.

Cost: \$10.00

Visit us at: danceyoursoul.net

Contact: [Linda Dempsey@ 216-226-5881](mailto:LindaDempsey@216-226-5881)